

Kelsey W. Ruppel
40 Southbridge St., Suite 202
Worcester, MA 01608
kruppel@ftfbc.com
508-926-8910

Education

- Ph.D. Western New England University, Springfield, MA, 2019. Behavior Analysis.
Advisor: Gregory P. Hanley
- M.S. Johns Hopkins University, Baltimore, MD, 2010. Special Education.
Additional Behavior Analysis coursework, Florida Institute of Technology, 2011-2012.
- B.S. Georgetown University, Washington, DC, 2006. Foreign Service, International History.

Professional Credentials

- Board Certified Behavior Analyst-Doctoral (2020-)
Board Certified Behavior Analyst (2013-2020)
Licensed Applied Behavior Analyst, Massachusetts (2016-)

Consultation Experience

- FTF Behavioral Consulting, Senior Consultant & Director of Quality/Training, Worcester, MA (2022-)
FTF Behavioral Consulting, Senior Consultant & Director of Operations, Worcester, MA (2019-2021)
Ivymount Autism Program, BCBA Consultant, Rockville, MD (2018-2020)
Michigan Department of Health and Human Services, BCBA Consultant (2018-2019)
Road to Responsibility, BCBA Consultant, Marshfield, MA (2017)
Ivymount Outreach Programs, Educational & Behavioral Consultant, Rockville, MD (2010-2016)

Clinical Experience

- Specialized Needs Unit, Westborough Behavioral Healthcare Hospital, Westborough, MA
Board Certified Behavior Analyst (2019)

Life Skills Clinic at Western New England University, Springfield, MA
Associate Director (2016-2018)

Ivymount Outreach Programs, Rockville, MD
Supervisor, Home-Based Programming (2013-2016)

Ivymount Autism Program, Rockville, MD
Program Supervisor (2012-2016)
Special Education Teacher (2008-2012)
Senior Teaching Assistant (2007-2008)
Teaching Assistant (2006-2007)

Editorial Experience

- Journal of Applied Behavior Analysis* Guest Reviewer (2021-)
Journal of Applied Behavior Analysis Editorial Assistant (2018-2019)
Journal of Applied Behavior Analysis Subreview Committee Member (2016-2018)

University Teaching Experience

Western New England University, Springfield, MA

Faculty Fellow (2016-2018), Department of Psychology

Courses Taught:

Introduction to Psychology

Child Behavior Management

Publications

- Gover, H. C., Hanley, G. P., & **Ruppel, K. W.** (2021). On the generality of preference for contingent reinforcement. *Journal of Applied Behavior Analysis*.
- Gover, H. C., Hanley, G. P., **Ruppel, K. W.**, Landa, R. K., & Marcus, J. (2023). Prioritizing choice and assent in the assessment and treatment of food selectivity. *International Journal of Developmental Disabilities*.
- Landa, R. K., Hanley, G. P., Gover, H. C., Rajaraman, A., & **Ruppel, K. W.** (2021). Understanding the effects of prompting immediately after problem behavior occurs during functional communication training. *Journal of Applied Behavior Analysis*.
- Rajaraman, A., Hanley, G. P., Gover, H. C., **Ruppel, K. W.**, & Landa, R. K. (2022). On the reliability and treatment utility of the practical functional assessment process. *Behavior Analysis in Practice*.
- Ruppel, K. W.**, Hanley, G. P., Landa, R. K., & Rajaraman, A. (2021). An evaluation of “Balance”: A home-based, parent-implemented program addressing emerging problem behavior. *Behavior Analysis in Practice*.
- Warner, C. A., Hanley, G. P., Landa, R. K., **Ruppel, K. W.**, Rajaraman, A., Ghaemmaghami, M., Slaton, J. D., & Gover, H. C. (2019). Progressive applications of extinction procedures to assess response class membership of multiple topographies of problem behavior. *Journal of Applied Behavior Analysis*.

Presentations

2022

- Ruppel, K. W.** & Beckwith, A. (2022, October). Practical functional assessment and skill-based treatment. Invited workshop at the Annual Conference of the Arizona Association for Behavior Analysis, Phoenix, AZ.
- Ruppel, K. W.** (2022, July). Balance: A parent-professional collaborative approach to emerging problem behavior. Invited workshop at the Contemporary and Compassionate Approaches to Support People with Disabilities Conference, Utica, NY.

2021

- Ruppel, K. W.** (2021, October). Balance: A parent-professional collaborative approach to emerging problem behavior. Keynote address at the Annual Conference of Autism New Jersey, online.
- Ruppel, K. W.** (2021, October). Skill-based treatment for automatically reinforced interfering behavior. Invited address at the Annual Stone Soup Conference, online.
- Ruppel, K. W.** (2021, September). Practical functional assessment & skill-based treatment for problem behavior: Process design session. Invited workshop at the Annual Conference of the Minnesota Northland Association for Behavior Analysis, online.
- Ruppel, K. W.** (2021, September). Skill-based treatment for automatically reinforced interfering behavior. Keynote address at the Annual Conference of the New Hampshire Association for Behavioral Analysis, Concord, NH.
- Ruppel, K. W.** (2021, September). Balance: A parent-professional collaborative approach to emerging problem behavior. Invited address to the Switzerland Association for Behavior Analysis, online.
- Ruppel, K. W.** (2021, September). Balance: A parent-professional collaborative approach to emerging problem behavior. Invited address at The Autism Community Therapists’ Expert Speaker Series,

Acton, MA.

Ruppel, K. W. (2021, July). Balance: A parent-professional collaborative approach to emerging problem behavior. Invited address to Monash University faculty, online.

Ruppel, K. W. (2021, June). Balance: A parent-professional collaborative approach to emerging problem behavior. Invited address at the Texas Statewide Leadership for Autism Training Conference, online.

2020

Ruppel, K. W. (2020, April). Balance: A parent-professional collaborative approach to emerging problem behavior. Workshop conducted at the 4th Annual Behavior Analyst Leadership Council Conference, online.

Ruppel, K. W. (2020, February). Balance: A parent-professional collaborative approach to emerging problem behavior. Workshop conducted at the 31st Annual Conference of the North Carolina Association for Behavior Analysis, Raleigh, NC.

Ruppel, K. W. (2020, February). Transferring successful skill-based treatment of problem behavior to caregivers. Invited address at the 31st Annual Conference of the North Carolina Association for Behavior Analysis, Raleigh, NC.

2019

Ruppel, K. W., & Hanley, G.P. (2019, October). Balance: A parent-implemented program for preventing severe problem behavior in young children. Workshop conducted at the 37th Annual Autism Conference, Atlantic City, NJ.

Ruppel, K. W., Hanley, G. P., Landa, R. K., & Rajaraman, A. (2019, October). An evaluation of "Balance": A home-based parent training program addressing emerging problem behavior. In T. Mouzakes (Chair), *An evaluation of training for practitioners, parents, and undergraduates*. Symposium conducted at the 40th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Worcester, MA.

Ruppel, K. W., Hanley, G. P., Landa, R. K., & Rajaraman, A. (2019, May). An evaluation of "Balance": A home-based parent training program addressing emerging problem behavior. In C. Whelan (Chair), *Current applications of synthesized reinforcement contingencies to improve socially important behaviors*. Symposium conducted at the 45th Annual Convention of the Association for Behavior Analysis International, Chicago, IL.

2018

Gover, H. C., Marcus, J., **Ruppel, K. W., Hanley, G. P., & Landa, R. K.** (2018, October). Assessment and treatment of pediatric food selectivity via shaping with synthesized reinforcers and partial extinction. In T. Mouzakes (Chair), *The assessment and treatment of problem behavior and food selectivity without extinction*. Symposium conducted at the 39th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.

Gover, H. C., **Ruppel, K. W., Hanley, G. P., Landa, R. K., & Marcus, J.** (2018, May). Assessment and treatment of pediatric food selectivity via choice and shaping with synthesized reinforcers. In R. K. Landa (Chair), *Recent advances in the assessment and treatment of pediatric feeding problems*. Symposium presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.

Marcus, J., Hanley, G. P., Gover, H., **Ruppel, K. W., Sears, K., & Warner, C. A.** (2018, May). Assessing food selectivity and mealtime problem behavior in children with autism using caregiver input. Poster presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.

Marcus, J., Hanley, G. P., Sears, K., Gover, H. C., **Ruppel, K. W., & Warner, C.** (2018, May). Meals without tears: The treatment of food selectivity in children with autism. In S. Ward (Chair), *Transferring successful skill-based treatments to caregivers*. Symposium presented at the 44th

- Annual Convention of the Association for Behavior Analysis International, San Diego, CA.
- Marcus, J., Hanley, G. P., Sears, K., Gover, H. C., **Ruppel, K. W.**, & Warner, C. (2018, October). Meals without tears: The treatment of food selectivity in children with autism. In T. Mouzakes (Chair), *The assessment and treatment of problem behavior and food selectivity without extinction*. Symposium conducted at the 39th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.
- Rajaraman, A., Hanley, G. P., Gover, H., Landa, R. K., & **Ruppel, K. W.** (2018, May). Is functional assessment reliability necessary to produce valid treatment outcomes? In J. Iannaccone (Chair), *A comprehensive evaluation of a practical functional assessment model*. Symposium presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.
- Ruppel, K. W.**, & Hanley, G. P. (2018, October). Practical functional assessment of severe problem behavior. Webinar for the Autism Centers of Michigan.
- Ruppel, K. W.**, Hanley, G. P., Landa, R. K., & Rajaraman, A. (2018, October). Balance: A home-based parent training program. In C. J. Whelan (Chair), *Beyond an 80% reduction: Achieving meaningful reductions in problem behavior in schools, clinics, and homes*. Symposium conducted at the 39th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.
- Ruppel, K. W.**, Rajaraman, A., Hanley, G. P., Landa, R. K., & Gover, H. (2018, May). Utility of a training rubric for transferring successful skill-based treatment of problem behavior to caregivers. In S. Ward (Chair), *Transferring successful skill-based treatments to caregivers*. Symposium presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.
- Ward, S., Hanley, G. P., Rajaraman, A., **Ruppel, K. W.**, & Gover, H. (2018, May). The successful extension of a skill-based treatment for socially-mediated problem behavior to the student's teachers. Poster presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.
- Warner, C. A., Hanley, G. P., Ghaemmaghami, M., Gover, H., Landa, R. K., Rajaraman, A., Slaton, J., & **Ruppel, K. W.** (2018, May). An evaluation of progressive extinction to assess response class membership of multiple topographies of problem behavior. In H. Gover (Chair), *On the efficiency, complexity, and safety of functional analyses of problem behavior*. Symposium presented at the 44th Annual Convention of the Association for Behavior Analysis International, San Diego, CA.

2017

- Landa, R. K., Hanley, G. P., Ghaemmaghami, M. G., Slaton, J. D., Hanratty, L. A., Rajaraman, A., **Ruppel, K.**, & Jessel, J. J. (2017, March). A review of procedural modifications following inconclusive interview-informed synthesized contingency analyses (IISCAs). In J. D. Slaton (Chair), *On the validity and generality of the interview-informed synthesized contingency analysis (IISCA)*. Symposium conducted at the 7th Annual Convention of the Association of Professional Behavior Analysts, New Orleans, LA.
- Rajaraman, A., Hanley, G. P., **Ruppel, K. W.**, Landa, R. K., & Gover, H. C. (2017, October). A technological description of skill-based treatment extension to relevant caregivers. In H. C. Gover (Chair), *Application and extension of a skill-based treatment to relevant caregivers and automatically maintained behavior*. Symposium conducted at the 38th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.
- Rajaraman, A., Hanley, G. P., Slaton, J., Mouzakes, T., Warner, C., **Ruppel, K. W.**, Landa, R., Gover, H., & Ghaemmaghami, M. (2017, March). On the generality of the interview-informed synthesized contingency analysis. In J. D. Slaton (Chair), *On the validity and generality of the interview-informed synthesized contingency analysis (IISCA)*. Symposium conducted at the 7th Annual Convention of the Association of Professional Behavior Analysts, New Orleans, LA.
- Ruppel, K. W.**, Hanley, G. P., & Slaton, J. D. (2017, October). Skill-based treatment for mouthing non-

food items. In H. C. Gover (Chair), *Application and extension of a skill-based treatment to relevant caregivers and automatically maintained behavior*. Symposium conducted at the 38th Annual Convention of the Berkshire Association for Behavior Analysis and Therapy, Amherst, MA.

Slaton, J. D., Hanley, G. P., **Ruppel, K. W.**, & Raftery, K. J. (2017, May). Treating stereotypy with FCT, tolerance training, and response chaining. Symposium presented at the 43rd Annual Convention of the Association for Behavior Analysis International, Denver, CO.

Warner, C.A., Hanley, G.P., Ghaemmaghami, M., Landa, R.K., Gover, H.C., Rajaraman, A., & **Ruppel, K. W.** (2017, March). An evaluation of a progressive analysis to assess response class membership of multiple topographies of problem behavior. In J. D. Slaton (Chair), *On the validity and generality of the interview-informed synthesized contingency analysis (IISCA)*. Symposium conducted at the 7th Annual Convention of the Association of Professional Behavior Analysts, New Orleans, LA.

2016

Ruppel, K. W., Swick, B., Crowley, A., Crysdale, C., Merrick, I., Sedeno, C., & Ramirez, S. (2016, April). Teaching students with autism to raise their hands. Poster presented at the Conference of the Virginia Association for Behavior Analysis, Norfolk, VA.

Stricks, K., **Ruppel, K. W.**, & Quinn, K. (2016, January). A comparison of instructional methods to teach comprehension of sight words. Poster presented at the Autism Convention of the Association for Behavior Analysis International, New Orleans, LA.

2014

Bridgers, T., Kampf, J., & **Ruppel, K. W.** (2014, April). Teaching reading comprehension skills to a student with autism. Poster presented at the Virginia Association for Behavior Analysis Annual Conference, Leesburg, VA.

Buck, A., Romero, P., Kampf, J., & **Ruppel, K. W.** (2014, April). Teaching sight word reading to a student with autism. Poster presented at the Virginia Association for Behavior Analysis Annual Conference, Leesburg, VA.

Schoolmaster, E., **Ruppel, K. W.**, & Fox, K. (2014, April). Teaching decoding to a student with autism. Poster presented at the Virginia Association for Behavior Analysis Annual Conference, Leesburg, VA.

2012

Ruppel, K. W., Busenberg, C., & Hundertmark, A. (2012, April). Evaluation of an expressive writing curriculum for students with autism. Poster presented at the Virginia Association for Behavior Analysis Annual Conference, Harrisonburg, VA.

2008

Young, A., Eaton, L., **Ruppel, K. W.**, & Duff, A. (2008, December). Creative problem solving and data based decisions: Teaching students with autism to brush teeth. Poster presented at the Maryland Association for Behavior Analysis Annual Conference, Baltimore, MD.

Current Projects

Ruppel, K. W., & Hanley, G. P. (In prep). Outcomes of problem behavior prevention programs for children with autism spectrum disorder: A review.

Ruppel, K. W., Hanley, G. P., Crowley, A. M., & Amatruda, J. N. (In prep). Assessment and skill-based treatment of mouthing non-food items.

Ruppel, K. W., Rajaraman, A., Hanley, G. P., & Ward, S. N. (In prep). Extending skill-based treatment for problem behavior to caregivers.

Slaton, J. D., Hanley, G. P., Gage, E., **Ruppel, K. W.**, Raftery, K., Clark, M., & Caruso, C. (Under

review). Addressing the core symptoms of autism via skill-based treatment of stereotypy.

Community Service

A Farm Less Ordinary, Bluemont, VA
Board of Directors (2016-2017)