

# Addressing Problem Behavior with Today's ABA



## *Pledge*

1. I pledge to prioritize the client's and staff's safety, the televisibility of procedures, and the rapport between the client and those implementing the assessment and treatment processes, by emphasizing these values over procedures.
2. I pledge to discover and create a context in which the client is happy, relaxed, and engaged (HRE) before attempting to functionally analyze problem behavior, conduct direct developmental assessments, or teach skills.
3. Following the discovery of the conditions in which the client is HRE and prior to treatment, I pledge to empower the client by providing all reinforcers suspected of influencing problem behavior for any possible member of the problem behavior response class while ecologically relevant and developmentally appropriate establishing operations are respectfully progressed.
4. I pledge to (a) bring and maintain the joy, (b) respectfully introduce challenging situations, (c) respond with empathy to both mild and serious problem behavior, and (d) understand how to turn off these behaviors before they escalate, all prior to attempting to teach skills or achieve other programmatic objectives.
5. I pledge to commit to a skill-based treatment for problem behavior and arrange for progressing establishing operations, prompting, and differential reinforcement of skills to be the primary drivers of behavior change rather than extinction or punishment.
6. I pledge to arrange for the client to provide and withdraw assent to participate in the treatment process.
7. I pledge to routinely adjust the skill-based-treatment plan in response to any negative emotional responses and/or resurgence of problem behavior in accordance with the values of safety, televisibility, and rapport.
8. I pledge to also prioritize the values of safety, televisibility, and rapport in interactions with caregivers and professional team members and do my best to create conditions under which caregivers and professional team members are as hopeful, relaxed, and engaged as possible.

*FTF Behavioral Consulting  
October 10, 2021*

Pledged by:

\_\_\_\_\_ (signature) \_\_\_\_\_

